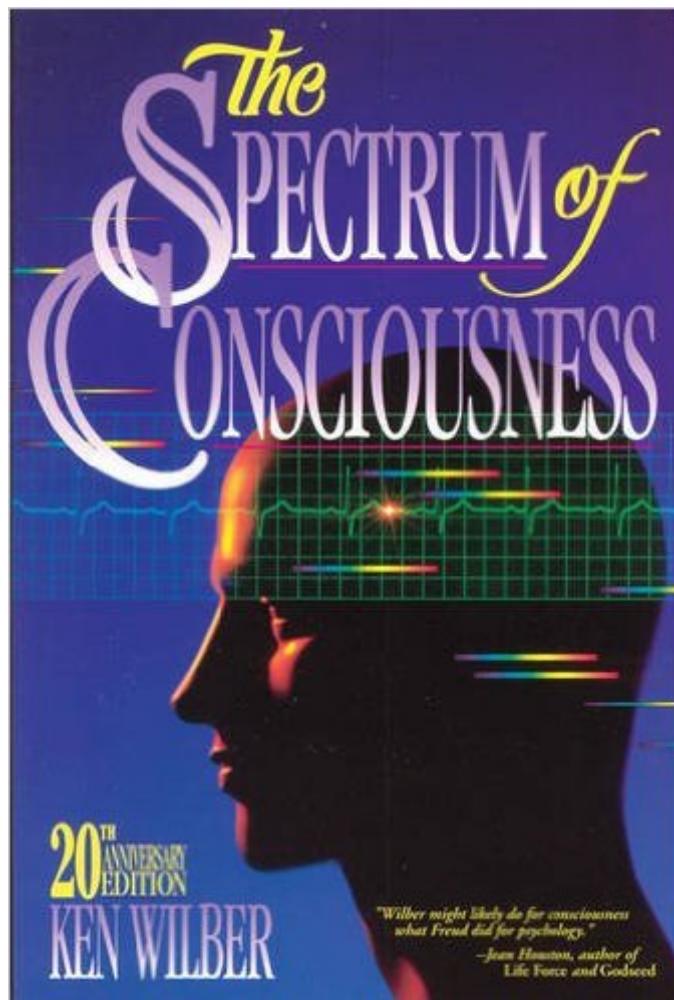


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The Spectrum Of Consciousness (Quest Books)



Synopsis

Wilber's groundbreaking synthesis of religion, philosophy, physics, and psychology started a revolution in transpersonal psychology. He was the first to suggest in a systematic way that the great psychological systems of the West could be integrated with the noble contemplative traditions of the East. Spectrum of Consciousness, first released by Quest in 1977, has been the prominent reference point for all subsequent attempts at integrating psychology and spirituality.

Book Information

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Customer Reviews

Though Ken Wilber's work has progressed significantly since this book was first written (1973), I believe it still remains a highly significant study and model and anyone interested in transpersonal psychology, or the relation between the human mind, soul and spirit would do well to read this book and absorb its contents. There are several reasons for this and the first is that it is very clearly and lucidly written from a psychological/spiritual worldview that remains quite widespread and even dominant in the culture of serious spiritual aspirants (as well as sensitive psychologists, ecologists and people from all walks of life). From that standpoint alone, if I had read this book 20 years ago, nearly all of 20 years of confusion over the seemingly conflicting subjects the book deals with would not have occurred. (The confusion being the bridge between modern psychology and traditional spirituality, or if there even was one to be found.) For that reason alone, this book remains highly significant. The second reason is that, as explained in the new (brief) introduction, the model this book presents is from the spiritual standpoint of involution - as opposed to evolution, the direction

Wilber's later work would primarily take. Though, yes, indeed, after actually looking deeply into the evidence in later years Wilber (an innovator now for the second time) discovered that there was quite a bit missing (and/or somewhat flawed) to this overall worldview and model, involution still remains an ever present reality and a central tenet of the perennial philosophy of the world's great religions and mystics. (It may also disclose itself to you as such at the right level of spiritual experience either in mediation or a sudden "peak experience.

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